

Present simple vs. Present continuous

1. We always _____ (visit/are visiting) my parents on Sundays.
2. We _____ (visit/are visiting) my father in hospital later today.
3. Mike has been at the same company for 10 years. He usually _____ (works/is working) 40 hours a week.
4. Mike's office is usually quiet, but this week it's very busy so he _____ (works/is working) a lot more hours to help.
5. Amy: Where is Sarah?
Phil: She _____ (runs/is running) in the park at the moment.
She will be back soon.
6. Phil: Sarah _____ (runs/is running) every morning. She absolutely loves it!
7. They usually _____ (play/are playing) football on Friday evenings.
8. Steve doesn't really like football, but tonight he _____ (plays/is playing) with his friends just for fun.
9. Recently, I have noticed something different about you. You _____ (eat/are eating) more healthy food. I think it's great!
10. He normally _____ (eats/is eating) at McDonalds every weekend.
11. Maria _____ (works/is working) in Barcelona. She loves her job and has been with the same company for 5 years.
12. This week, Maria _____ (works/is working) as a taxi driver, but next week she goes back to her main job.

- { 13. We _____ (go/are going) to Italy every summer.
- { 14. They _____ (have/are having) a holiday in Italy now and will return next week.
- { 15. We _____ (spend/are spending) approximately 100 Euros on food a week.
- { 16. Prices have recently risen, so we _____ (spend/are spending) more money on food.
- { 17. Peter _____ (teaches/is teaching) every Monday and Wednesday evening.
- { 18. Peter always teaches English, but this week he _____ (teaches/is teaching) science because another teacher is ill.
- { 19. We _____ (watch/are watching) TV after dinner every day.
- { 20. We _____ (watch/are watching) a great TV series at the moment. We are addicted to it.
- { 21. He usually _____ (sleeps/is sleeping) at 4pm.
- { 22. However, today he _____ (sleeps/is sleeping) at 6pm.
- { 23. She always eats fish on Fridays, but today she _____ (tries/is trying) another dish.
- { 24. She always _____ (eats/is eating) chocolate on Saturday night.

Answers

1. We always visit
2. We are visiting
3. He usually works
4. he is working
5. She is running
6. Sarah runs
7. They usually play
8. he is playing
9. You are eating
10. He normally eats
11. Maria works
12. Maria is working
13. We go
14. They are having
15. We spend
16. we are spending
17. Peter teaches
18. Peter always teaches
19. We watch
20. We are watching
21. He usually sleeps
22. he is sleeping
23. she is trying
24. She always eats